What Is Claimed Is:

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1. A method for determining and outputting travel instructions for a travel route from a starting point to a destination, an arithmetic unit being connected at least temporarily with a central station, the starting point and destination being transmitted to the central station, the travel route being determined by the central station,
wherein a sequence of travel instructions is determined by the central station from the travel route and the sequence of travel instructions is transmitted from the central station to the arithmetic unit, the sequence of travel instructions is stored in the arithmetic unit, and the travel instructions are output by the arithmetic unit, one after the other, in accordance with the sequence of travel instructions.

2. The method as recited in Claim 1,
wherein the arithmetic unit is connected to the central station via the Internet.

3. The method as recited in one of the preceding claims,
wherein the central station is linked via a radio connection to an arithmetic unit arranged in a mobile computing device.

4. The method as recited in one of the preceding claims,
wherein, after a first retrieval, the sequence of travel instructions continues to be stored in the central station for a specifiable period of time, and the stored sequence of travel instructions is updated during this period of time.

5. The method as recited in one of the preceding claims,
wherein the travel instructions are retrieved by an arithmetic unit using a publicly accessible operating device.

6. The method as recited in one of the preceding claims,
wherein the travel route is planned by a fixed second arithmetic unit arranged preferably in a personal computer, a sequence of travel instructions relating to the travel route is transmitted to a central station, and the sequence of travel instructions is retrieved by the first arithmetic unit from the central station.

7. The method as recited in one of the preceding claims, wherein positions on the travel route are assigned to the travel instructions, the fact of reaching a position is input into the arithmetic unit by a user, and the travel instructions are output as a function of the positions that are input.

8. The method as recited in one of the preceding claims, wherein a locator device is connected to the arithmetic unit, a position of the arithmetic unit is determined using the locator device, and a travel instruction from the sequence of travel instructions is output as a function of the position of the arithmetic unit.

9. The method as recited in one of the preceding claims, wherein provision is made in the travel instructions for travel instructions for a driver of a vehicle and/or instructions for the use of public transportation.

10. The method as recited in one of the preceding claims, wherein the central station is connected via a data network, preferably the Internet, to further service providers, and the sequence of travel instructions is generated through access to other service providers.

11. An arithmetic unit for carrying out the method as recited in one of the preceding claims.

12. The arithmetic unit as recited in Claim 11, wherein the arithmetic unit is arranged in a car radio device.

13. A central station for carrying out the method as recited in one of Claims 1-10.

add a2

add B5